

COVID-19 OAP DECISION TOOL

OAP V13.0

Have you been in ‘close contact’ with someone who has tested positive for COVID-19

Or

Are you living in the same household as, being an intimate partner of, or providing care in a non-healthcare setting for a person with confirmed or suspected COVID-19 infection?

Definition of close contact: within 6 feet of the sick contact for a cumulative total of 15 minutes or more in a 24-hour period *or* exposed to respiratory secretions by being directly coughed or sneezed on.

Yes



Vaccination Status

Have you been boosted?
OR
Completed your primary series of Pfizer or Moderna vaccine within the last 6 months?
OR
Completed your primary series of J&J vaccine within the last 2 months?

Yes



- Wear a mask around others for 10 days.
- Get tested 5 days after exposure even if you don’t have symptoms. If you test positive, isolate from others and follow [separate](#) guidance for individuals with a positive test.

No or
unsure



	Identified Risk	Unknown Risk
Asymptomatic People	<ul style="list-style-type: none">• <u>Quarantine at home for 5 days*</u> after last known infectious exposure. (*10 days for settings such as dormitories)• After that, wear a mask around others (even at home) for 5 additional days.• Get a COVID test 5 days after last known exposure, if possible.• Avoid contact with people at higher risk for severe illness.• Do not go to places or engage in activities where you cannot wear a mask (i.e. gym, restaurants, family meals, etc.).• <u>Do not travel for 10 days</u> (may reduce to 5 days if you have a negative antigen test and can mask).• <u>Self-monitor for symptoms for 10 days</u>. If symptoms develop during this time, see below.	Self-monitor for symptoms for 10 days. Wear a mask around others, and practice good hand hygiene and social distancing in accord with the recommendations for all members of the community.
Symptomatic People	<p>Get a COVID-19 test immediately and isolate until you receive your results.</p> <ul style="list-style-type: none">• If positive, follow separate isolation guidance for individuals with a positive test and contact your primary care physician/public health for guidance.• If negative, follow the same separate isolation guidance. Consider re-testing in another 48-72 hours if possible, especially if your symptoms fail to improve.	Get a COVID-19 test if possible and isolate at home until you know the result of your test. Avoid contact with people at higher risk of severe illness while you are symptomatic. Pre-notify and consult your primary health care provider for moderate/severe illness.

Symptomatic = fever (≥ 100.4 F), chills, fatigue, muscle or body aches, congestion or runny nose, sore throat, cough, shortness of breath, nausea or vomiting, diarrhea, headache, new loss of taste or smell, or skin rashes.

In absence of specific guidance from local public health professionals this CDC based tool may be used. Specific recommendations may be modified by local authorities.